



Mayor's Fitness Challenge

Tracking Sheet - Spring Season 2023

Name _____

Address _____

Email _____

DATE	TYPES OF EXERCISE	WEEKLY MINUTES
March		
Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
Week 5	_____	_____
April		
Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
May		
Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
Week 5	_____	_____

TOTAL MINUTES TRACKED _____

SIGNATURE _____

Challengers are tasked with documenting a minimum of 90 minutes of exercise each week through the Spring Challenge Season. To be eligible for the Bluetooth Earbuds drawings and free t-shirt at the conclusion of the season, please submit your completed tracking sheet by June 6. Email to mfc23@prospertx.gov or deliver to Parks and Recreation at 409 E. First Street. The Challenge is open to Prosper residents only; all ages are welcome; one entry per season, please. Questions? Contact Brant Holland at mfc23prospertx.gov or call 972-569-1115.

RETURN YOUR COMPLETED TRACKING SHEET TO MFC23@PROSPERTX.GOV OR 409 E. FIRST ST. BY JUNE 6.