



MAYOR'S FITNESS CHALLENGE

TRACKING SHEET | SPRING 2026 | MARCH 1-MAY 31

NAME _____

ADDRESS _____

EMAIL _____

PHONE _____

Track at least 90 minutes of any type of exercise each week for a free t-shirt and entry to win Bluetooth Earbuds!

TYPES OF EXERCISE

WEEKLY MINUTES

MARCH

Week 1 _____

Week 2 _____

Week 3 _____

Week 4 _____

Week 5 _____

APRIL

Week 1 _____

Week 2 _____

Week 3 _____

Week 4 _____

Week 5 _____

MAY

Week 1 _____

Week 2 _____

Week 3 _____

Week 4 _____

Week 5 _____

*** TOTAL MINUTES TRACKED _____ SIGNATURE _____

PLEASE INDICATE YOUR T-SHIRT SIZE:

Youth sizes: _____ Youth S _____ Youth M _____ Youth L _____ Youth XL _____ Youth 2XL

Adult sizes: _____ Adult S _____ Adult M _____ Adult L _____ Adult XL _____ Adult 2XL _____ Adult 3X

Completed Spring Tracking Sheets are due June 12, 2026. Please email to mfc25@prospertx.gov or deliver to Parks & Recreation (409 E. First St.). Office hours: M-F, 8 a.m.-5 p.m.. Questions? Call 972-569-1064.