



MAYOR'S FITNESS CHALLENGE

TRACKING SHEET | SPRING 2026 | MARCH 1-MAY 31

NAME _____

ADDRESS _____

EMAIL _____ PHONE _____

Track at least 90 minutes of any type of exercise each week for a free t-shirt and entry to win Bluetooth Earbuds!

TYPES OF EXERCISE

WEEKLY MINUTES

MARCH

Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
Week 5	_____	_____

APRIL

Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
Week 5	_____	_____

MAY

Week 1	_____	_____
Week 2	_____	_____
Week 3	_____	_____
Week 4	_____	_____
Week 5	_____	_____

***** TOTAL MINUTES TRACKED** _____ **SIGNATURE** _____

PLEASE INDICATE YOUR T-SHIRT SIZE:

Youth sizes: _____ Youth S _____ Youth M _____ Youth L _____ Youth XL _____ Youth 2XL

Adult sizes: _____ Adult S _____ Adult M _____ Adult L _____ Adult XL _____ Adult 2XL _____ Adult 3X

Completed Spring Tracking Sheets are due June 12, 2026. Please email to mfc25@prospertx.gov or deliver to Parks & Recreation (409 E. First St.). Office hours: M -F, 8 a.m.- 5 p.m.. Questions? Call 972-569-1064.