

October 2022

Parks and Recreation

Adult Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
					1 Outdoor Yoga – FREE Class 8-9 a.m. Boyer Park
					2
3 Strength, Core, & Balance 8:30–9 a.m. Zoom Adult Tennis 6:30-7:30 p.m. Reynolds	4 Dominoes 9 a.m.–12 p.m. 407 Rec Center Prosper Bowling 1–3 p.m. Strikz	5 Strength, Core, & Balance 8:30 –9 a.m. Zoom Yoga 8–9 a.m. The 407 Zumba 6-7 p.m. The 407	6 Canasta 1–4 p.m. The 407	7 Active Adult Social Time 1–4 p.m. The 407 BINGO 1-2:30 p.m. The 407	8 Outdoor Yoga 8-9 a.m. Boyer Park Celebrate Prosper 5-9 p.m. Frontier Park
					9 Adult Softball 4 p.m. Frontier
10 Strength, Core, & Balance 8:30–9 a.m. Zoom	11 Dominoes 9 a.m.–12 p.m. 407 Rec Center Prosper Bowling 1–3 p.m. Strikz	12 Yoga 8–9 a.m. The 407 Strength, Core, & Balance 8:30–9 a.m. Zoom Zumba 6-7 p.m. The 407	13 Canasta 1 – 4 p.m. The 407	14 Active Adult Social Time 1–4 p.m. The 407	15 Outdoor Yoga 8-9 a.m. Boyer Park
					16 Adult Softball 4 p.m. Frontier
17 Strength, Core, & Balance 8:30–9 a.m. Zoom Adult Tennis 6:30-7:30 p.m. Reynolds	18 Dominoes 9 a.m.–12 p.m. 407 Rec Center Prosper Bowling 1–3 p.m. Strikz	19 Yoga 8–9 a.m. The 407 Strength, Core, & Balance 8:30–9 a.m. Zoom Zumba 6-7 p.m. The 407	20 Canasta 1–4 p.m. The 407	21 Active Adult Social Time 1–4 p.m. The 407	22 Outdoor Yoga 8-9 a.m. Boyer Park
					23 Adult Softball 4 p.m. Frontier
24 Strength, Core, & Balance 8:30–9 a.m. Zoom Adult Tennis 6:30-7:30 p.m. Reynolds	25 Dominoes 9 a.m.–12 p.m. 407 Rec Center Prosper Bowling 1–3 p.m. Strikz	26 Yoga 8– 9 a.m. The 407 Strength, Core, & Balance 8:30– 9 a.m. Zoom Zumba 6-7 p.m. The 407	27 Canasta 1–4 p.m. The 407	28 Active Adult Social Time 1–4 p.m. The 407	29 Outdoor Yoga 8-9 a.m. Boyer Park
					30 Adult Softball 4 p.m. Frontier
31 Strength, Core, & Balance 8:30–9 a.m. Zoom					

Programs in red require registration at: ProsperParksandRec.org

Any questions?

Email [Cecilee Fannon](mailto:Cecilee.Fannon@prosperparksandrec.org) or call 972-569-1057

