

# Parks and Recreation **September 2022** Adult Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
			1 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Canasta</b> 1–4 p.m. The 407	2 <b>Mahjong</b> 1–4 p.m. The 407	3 <b>THRIVE</b> 8–9 a.m. Frontier Park Pavilion Parking Lot 4 <b>THRIVE</b> 10–11 a.m. Frontier Park Pavilion Parking Lot
5 <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom	6 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Dominoes</b> 9 a.m.–12 p.m. 407 Rec Center  <b>Prosper Bowling</b> 1–3 p.m. Strikz	7 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Yoga</b> 8–9 a.m. The 407  <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom	8 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Canasta</b> 1–4 p.m. The 407  <b>Women's Self Defense</b> 5:30–7 p.m. The 407	9 <b>Active Adult Social Time – FREE Ice Cream</b> 1–4 p.m. The 407	10 <b>THRIVE</b> 8–9 a.m. Frontier Park Pavilion Parking Lot  <a href="#">Paws on Broadway</a> 1–4 p.m. West Broadway St. 11 <b>THRIVE</b> 10–11 a.m. Frontier Park Pavilion Parking Lot  <b>Adult Softball</b> 4 p.m. Frontier
12 <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Adult Tennis</b> 6:30–7:30 p.m. Reynolds	13 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Dominoes</b> 9 a.m.–12 p.m. 407 Rec Center  <b>Prosper Bowling</b> 1–3 p.m. Strikz	14 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Yoga</b> 8–9 a.m. The 407  <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Zumba</b> 6–7 p.m. The 407	15 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Canasta</b> 1–4 p.m. The 407  <b>Women's Self Defense</b> 5:30–7 p.m. The 407	16 <b>Active Adult Social Time</b> 1–4 p.m. The 407	17 <b>THRIVE</b> 8–9 a.m. Frontier Park Pavilion Parking Lot 18 <b>THRIVE</b> 10–11 a.m. Frontier Park Pavilion Parking Lot  <b>Adult Co-Ed Kickball</b> 4 p.m. Frontier  <b>Adult Softball</b> 4 p.m. Frontier
19 <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Adult Tennis</b> 6:30–7:30 p.m. Reynolds	20 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Dominoes</b> 9 a.m.–12 p.m. 407 Rec Center  <b>Prosper Bowling</b> 1–3 p.m. Strikz	21 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Yoga</b> 8–9 a.m. The 407  <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Wreath Making Workshop</b> 6–8 p.m. The 407  <b>Zumba</b> 6–7 p.m. Frontier Park	22 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Canasta</b> 1–4 p.m. The 407  <b>Women's Self Defense</b> 5:30–7 p.m. The 407	23 <b>Active Adult Social Time</b> 1–4 p.m. The 407	24 <b>THRIVE</b> 8–9 a.m. Frontier Park Pavilion Parking Lot  <a href="#">Moonlight Movie</a> 7–10 p.m. Town Hall 25 <b>THRIVE</b> 10–11 a.m. Frontier Park Pavilion Parking Lot  <b>Adult Co-Ed Kickball</b> 4 p.m. Frontier  <b>Adult Softball</b> 4 p.m. Frontier
26 <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Adult Tennis</b> 6:30–7:30 p.m. Reynolds	27 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Dominoes</b> 9 a.m.–12 p.m. 407 Rec Center  <b>Prosper Bowling</b> 1–3 p.m. Strikz	28 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Yoga</b> 8–9 a.m. The 407  <b>Strength, Core, &amp; Balance</b> 8:30–9 a.m. Zoom  <b>Zumba</b> 6–7 p.m. The 407	29 <b>THRIVE</b> 5–6 a.m. Frontier Park Pavilion Parking Lot  <b>Canasta</b> 1–4 p.m. The 407  <b>Women's Self Defense</b> 5:30–7 p.m. The 407	30 <b>Active Adult Social Time</b> 1–4 p.m. The 407	

Programs in red require registration at: [ProsperParksandRec.org](https://ProsperParksandRec.org)

Any questions?

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