

September 2021: Active Adults 55+ Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>Programs in red require registration at: ProsperParksAndRec.org</p>	<p>Any questions? Email Jonathan at jweeks@prospertx.gov or call at 972-569-1057</p>	<p>1</p> <p>Yoga: 8am – 9am: The 407</p> <p>Strength, Core, & Balance: 830am – 9am Zoom</p> <p>Zumba: 6 – 7pm: Frontier Park – FREE CLASS, RSVP</p>	<p>2</p> <p>Canasta: 12pm – 3pm The 407</p> <p>Yahtzee: 3-4pm: Zoom</p>	<p>3</p>	<p>4</p>
<p>5</p>	<p>6</p> <p>Strength, Core, & Balance: 830am – 9am Zoom</p>	<p>7</p> <p>Dominoes: 9am – 12pm: The 407</p> <p>Prosper Bowling: 1pm-3pm: Strikz</p> <p>Yoga: 6pm – 7pm: The 407</p>	<p>8</p> <p>Yoga: 8am – 9am: The 407</p> <p>Strength, Core, & Balance: 830-9am: Zoom</p> <p>Realistic Watercoloring: 130-330pm: The 407</p> <p>Zumba: 6 – 7pm: Frontier Park</p>	<p>9</p> <p>Yahtzee: 3-4pm: Zoom</p>	<p>10</p> <p>Mahjong: 12pm – 3pm The 407</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>Strength, Core, & Balance: 830am – 9am Zoom</p>	<p>14</p> <p>Dominoes: 9am – 12pm: The 407</p> <p>Prosper Bowling: 1pm-3pm: Strikz</p>	<p>15</p> <p>Strength, Core, & Balance: 830-9am: Zoom</p> <p>Realistic Watercoloring: 130-330pm: The 407</p> <p>Zumba: 6 – 7pm: Frontier Park</p>	<p>16</p> <p>Canasta: 12pm – 3pm The 407</p> <p>Yahtzee: 3-4pm: Zoom</p>	<p>17</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>Strength, Core, & Balance: 830am – 9am Zoom</p>	<p>21</p> <p>Dominoes: 9am – 12pm: The 407</p> <p>Prosper Bowling: 1pm-3pm: Strikz</p>	<p>22</p> <p>Yoga: 8am – 9am: The 407</p> <p>Strength, Core, & Balance: 830-9am: Zoom</p> <p>Realistic Watercoloring: 130-330pm: The 407</p> <p>Zumba: 6 – 7pm: Frontier Park</p> <p>Wreath Making: 6-8pm: The 407</p>	<p>23</p> <p>Yahtzee: 3-4pm: Zoom</p>	<p>24</p> <p>Mahjong: 12pm – 3pm The 407</p>	<p>25</p> <p>Celebrate Prosper Live Music at Frontier Park! 5-9pm</p>
<p>26</p>	<p>27</p> <p>Strength, Core, & Balance: 830am – 9am Zoom</p> <p>Power Hour Boxing: 2-3pm: The 407 – FREE CLASS, RSVP</p>	<p>28</p> <p>Dominoes: 9am – 12pm: The 407</p> <p>Prosper Bowling: 1pm-3pm: Strikz</p> <p>Yoga: 6pm – 7pm: The 407</p>	<p>29</p> <p>Yoga: 8am – 9am: The 407</p> <p>Strength, Core, & Balance: 830-9am: Zoom</p> <p>Realistic Watercoloring: 130-330pm: The 407</p> <p>Zumba: 6 – 7pm: Frontier Park</p> <p>Virtual Mayor's Luncheon: 11am: Zoom</p> <p>Please RSVP</p>	<p>30</p> <p>Yahtzee: 3-4pm: Zoom</p>		



Parks and Recreation Department