

**PROSPER PARKS AND RECREATION
JANUARY 2022: ACTIVE ADULT 55+ PROGRAM AND ACTIVITY CALENDAR**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Programs in red require registration at: ProsperParksandRec.org	Any questions? Email Jonathan at jweeks@prospertx.gov or call 972-569-1057	PROSPER PARKS AND RECREATION 409 E. First Street, Prosper, TX 75078 972-569-1160			1
2	3 Strength, Core, & Balance: 830am – 9am Zoom	4 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	5 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	6 Canasta: 12pm – 3pm The 407	7 Mahjong: 12pm – 3pm The 407	8
9	10 Strength, Core, & Balance: 830am – 9am Zoom	11 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	12 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	13 Canasta: 12pm – 3pm The 407	14 Mahjong: 12pm – 3pm The 407	15
16	17 Strength, Core, & Balance: 830am – 9am Zoom TOWN HOLIDAY: HAPPY MLK JR DAY!	18 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz Mayor's Fitness Challenge Begins – See website for details	19 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	20 Canasta: 12pm – 3pm The 407	21 Mahjong: 12pm – 3pm The 407	22
23	24 Strength, Core, & Balance: 830am – 9am: Zoom Chess Academy for Adults: 230pm-330pm: The 407	25 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	26 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	27 Canasta: 12pm – 3pm The 407	28 Mahjong: 12pm – 3pm The 407	29
30	31 Strength, Core, & Balance: 830am – 9am: Zoom Chess Academy for Adults: 230pm-330pm: The 407					



