

November 2021: Active Adults 55+ Programs

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Strength, Core, & Balance: 830am – 9am Zoom	2 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	3 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	4 Yoga: 8am – 9am: The 407 RETURNS TO WEDNESDAY ON 11/10 Canasta: 12pm – 3pm The 407	5	6
7	8 Strength, Core, & Balance: 830am – 9am Zoom	9 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	10 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	11	12 Mahjong: 12pm – 3pm The 407	13
14	15 Strength, Core, & Balance: 830am – 9am Zoom	16 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	17 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407 Zumba: 6 – 7pm: Frontier Park	18 Canasta: 12pm – 3pm The 407	19	20
21	22 Strength, Core, & Balance: 830am – 9am Zoom	23 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	24 Yoga: 8am – 9am: The 407 Strength, Core, & Balance: 830–9am: Zoom Realistic Watercoloring: 130-330pm: The 407	25 	26 Town Holiday	27
28	29 Strength, Core, & Balance: 830am – 9am Zoom	30 Dominoes: 9am – 12pm: The 407 Prosper Bowling: 1pm-3pm: Strikz	<p style="text-align: center;"> Programs in red require registration at: ProsperParksAndRec.org Any questions? Email Jonathan at jweeks@prospertx.gov or call at 972-569-1057 </p>			